

MOVE programme
at
Trinity Fields



For further information on MOVE please follow link to [Home - MOVE Europe](#)

**Learning together in a changing
world, creating success for all.**





Trinity Fields School and Resource Centre

Policy for developing MOVE at Trinity Fields

Trinity Fields is a Rights Respecting School, a Healthy School and an Inclusive School.

This policy should be read in conjunction with our pupil friendly and adult version of our **“Shared Values and Aims”**.

Trinity Fields is a Rights Respecting School

Trinity Fields is a Rights Respecting School and we are committed to the principles and values of the United Nations Convention on the Rights of the Child (UNCRC) across all areas of our work.

Trinity Fields is a school where pupils are at the heart of everything we do. As part of our aim to promote a happy and successful school we have successfully been awarded UNICEF’s **“Rights Respecting School Award”** (January 2017).

The ‘Rights Respecting School’ Award (RRSA) helps our pupils become more confident, caring and as independent as possible both in school and within the wider community. By learning about their rights our pupils, your children, also learn about the importance of respecting the rights of others, that is, their responsibilities.

Our pupils are encouraged wherever possible to reflect on how their behaviour and actions affect those around them, which allows us to build and maintain a positive and safe learning environment for all, both in the classroom and around the school site.

Refer to pupil friendly **“Pupil Participation”** policy and our whole school **“Pupil Participation”** policy for further details.

Trinity Fields is a Healthy School

We are also a Healthy School and we take responsibility for maintaining and promoting the health and wellbeing of the Trinity Fields team (pupils, parents/carers, staff, governors etc.). This includes teaching pupils about how to lead healthy lives and enabling both pupils and staff to take control over aspects of the school environment which influence their health.

Refer to **“Health and Well-being for Pupils”** policy and our whole school **“Health and Well-being”** policy for further details.

Trinity Fields is an Inclusive School (IQM Flagship School status)

We have demonstrated through national annual assessment that we have the capacity to play a strong leadership role in developing inclusion best practice across a network of schools; as well as being committed to extending those networks and publish classroom-based research.

Refer to **“Inclusion”** policy and to **IQM assessment reports** for further details.

Trinity Fields is an Investors in Families School (IiF)

We are committed to developing active and effective relationships with parents/carers and families, and recognise the value of close partnership working to improve outcomes for our pupils.

We were the first Special School in Wales to achieve the Investors in Families Quality Mark, and regularly share our excellent practices with other settings.

We demonstrate our commitment to the Rights to Action agenda and value and support the important role that families play in the education of their child. We strive to promote social inclusion and a sense of wellbeing for families through positive participation in their child's education.

Education in Wales: Our National Mission

Our work with pupils and their families will be developed building upon Wales' National Mission. This national mission is ambitious, innovative and confident ensuring that we all take responsibility for all of our pupils to have equal opportunities to reach the highest possible standards.

Trinity Fields will continue to develop as a learning organisation to ensure it has the capacity to adapt to and explore a range of new approaches which results in improved outcomes and well-being for all of our pupils.

In order to realise our shared vision and approaches in delivering Wales' transformational curriculum that will enable all of the pupils at Trinity Fields to make the progress commensurate with their individual needs we are committed to the 4 key enabling objectives, detailed in "**Education in Wales: Our national mission (2017)**". These are:

- Developing a high-quality education profession.
- Inspirational leaders working collaboratively to raise standards.
- Strong and inclusive schools committed to excellent, equity and well-being.
- Robust assessment, evaluation and accountability arrangements supporting a self-improving system.

The core purposes and values that are associated with these prestigious national awards are encapsulated in our vision and aims:

"We believe that everyone at Trinity Fields is entitled to have access to the very best learning opportunities. These will be provided within a safe, caring and stimulating environment that will enable all learners to achieve their full potential through learning opportunities that meet their individual needs".

Rationale

'Movement is the primary foundation for learning'
(Linda Bidabe)

At Trinity Fields we are committed to improving outcomes for all pupils. Pupils are at the heart of everything we do, and MOVE at Trinity Fields places the pupils and families at the centre of the programme.

MOVE is a child centred team approach which maximises opportunities for individuals to develop functional physical skills to the best of their ability. It promotes physical development in order to improve outcomes for children and their families. Increased independent mobility of individuals is proven to help develop cognition, communication skills and improved health and social inclusion.

Access to MOVE- Who is a MOVE candidate?

Any pupil who has not yet developed (or has lost) the physical skills necessary to sit independently, bear weight on their feet or take reciprocal steps are considered potential MOVE candidates.

Pupils with complex needs, brittle bones or severe orthopaedic difficulties will need prior medical / therapy assessment before entering the programme.

MOVE was introduced at Trinity Fields in September 2019, and is steadily being rolled out across school for all pupils who will benefit from taking part in the MOVE programme.

How will this be achieved?

All new pupils are assessed when joining Trinity Fields and where appropriate individual MOVE programmes are implemented. This aims to ensure maximum time can be given for acquisition of skills during vital early years of learning.

MOVE is totally cross curricular in its approach to provide pupils with access to all Areas of Learning and all aspects of school life.

Access can be provided in many ways, e.g.

- Correct seating to enable pupils to participate in small groups and whole class activities
- Walkers to enable pupils walking access to the playground, to run errands, explore their immediate surroundings and access the wider community.
- Standing frames to enable pupils to have access to the sink for washing dishes, painting and whiteboard work.

When a pupil is identified by the MOVE team as a potential MOVE candidate, parents and carers will be invited to take part in the initial MOVE assessment meeting. They will be given the Parent/Carer Guide to MOVE for initial information prior to the meeting.

Working with the pupil, family, therapists and medical professionals as appropriate, current abilities will be assessed and aspirational goals set. Our integrated approach focuses the whole team on individualised targets for the child.

The goals will then be broken down into short term achievable targets, with activities tailored to each pupils' individual needs and interests. Personalised programmes will be developed which work towards the goals by reducing support.

Targets will be shared as 'pupil friendly' versions to ensure the pupil has a visual reminder of their chosen goals and targets as appropriate.

The MOVE team will work closely with the class team to maximise opportunities throughout daily life for the pupil to promote physical development.

The progress of the pupil will be regularly reviewed and new short term targets set in order for the pupil to work towards the long term goals.

Planning

Pupils will access MOVE on an individual need basis. All pupils working on the MOVE programme will have a MOVE IEP target, which is agreed in conjunction with the MOVE practitioner.

The agreed MOVE targets will be implemented alongside class curriculum objectives, as part of the pupil's IEP.

Pupils on the MOVE programme should have access to a minimum of twice weekly sessions where new skills are being taught i.e. the Acquisition Level.

When the pupil moves into the next stage of establishing the new skill i.e. Fluency Level, the pupil can begin to practice the skill in a highly supervised way. When Maintenance and Generalisation of new skills are in place, then the pupil should be assessed to ensure that they can safely implement and practice these new skills.

Assessment and Recording

Following the initial MOVE assessment meeting, annual MOVE Assessment profile update meetings will be held. Parents and carers will be invited to attend and contribute to the initial assessment and follow up review meetings, sharing their own successes and difficulties.

Significant progress or concerns must be noted by the class teacher and the MOVE coordinator informed. If substantial progress or decline is noted, an early re-assessment will be arranged.

A simple weekly tick chart or similar should be used to indicate that the pupil has worked on their new acquisition skills. Photograph and video evidence will be annotated and saved in the electronic pupil files and shared with parents and carers via SeeSaw. Updates on progress will be shared with the MOVE team during the half termly MOVE meetings.

The class team play a vital role in monitoring the pupil so that learnt skills are maintained and all steps of progress are recorded.

Reporting

Regular updates will be shared with parents and carers via phone calls, Text2Parents and SeeSaw. Progress in MOVE will be reported formally in the End of year reports, Annual MOVE reviews and Person Centred Annual Reviews.

Weekly progress is celebrated in the departmental Friday assemblies. We plan to celebrate achievements made on the MOVE programme during Annual MOVE celebration event in which families of all pupils working on the MOVE programme join to celebrate the progress made by the pupils. This will be an annual celebration event during which the whole school takes part in activities and events to celebrate together the hard work of the pupils and MOVE team.

Training and Information Sharing

All class based staff and Mealtime Supervisory Assistants receive a MOVE overview, and the MOVE overview will form part of the Induction programme for new staff. Governors will be given an overview of the programme, and the Link Governor will be invited to join the practitioner training.

The 'Parent/Carer guide to MOVE' leaflet is given to families when a pupil is identified as a MOVE candidate, and forms part of the information leaflet package in the foyer.

Targets and progress of pupils are celebrated on the 'Mighty Movers' board located outside the Assistant Head's room, and pupils are invited to choose what they would like to be displayed.

Half termly MOVE practitioner meetings take place for sharing of updates, supporting other practitioners with challenges faced, and maintaining the momentum of the programme.

Lead practitioners contribute at termly Teach-Meets for the whole staff team to widen awareness of the programme and ensure staff are aware of the benefits of the programme for our pupils.

We currently have 38 MOVE practitioners, with an ongoing programme of training. Refresher training and updates will run as required on a rolling programme.

Following initial and review assessments, class team meetings will take place for staff working with pupils on the programme, to share pupil goals and plans. During weekly Class Team meetings staff will discuss ideas for new activities or talk about plans that might need adjusting.

MOVE plans and progress form part of the transition workshops that take place each July, to ensure continuity of provision for pupils and to ensure skills continue to develop in their new class setting.

Health and Safety

All staff working with pupils on the MOVE programme at Trinity Fields will receive the appropriate manual handling training as in the All Wales Manual Handling passport. On site advice is available from the Manual Handling coordinator and Key Handlers to ensure that they are working safely with pupils on the MOVE targets.

Staff will ensure they are familiar with each pupil's Manual Handling Risk Assessment prior to implementing new MOVE objectives.

Class staff are made aware of the MOVE targets in order to ensure that the team are working together to help the pupil achieve them, and to maximise opportunities throughout the day for the pupils to engage with the programme.

Equipment

Following initial assessments and setting of targets on the MOVE programme, any additional equipment required to safely and successfully work towards the targets is identified and will be sourced from physiotherapy team or purchased as appropriate. On some occasions equipment may be shared with other pupils.

Prior to using any new or unfamiliar equipment, advice will be sought from physiotherapy team to ensure it is appropriate for the pupil, and all staff involved understand correct positioning and use.

Ease of access to equipment is vital if a pupil is to use it on a regular basis. Where additional equipment is needed for families to work on the targets at home, parents and carers will be supported in sourcing the relevant items.

Resources will be considered for all areas of school and therapy rooms, which might include:

- Hydrotherapy pool- floatation aids,
- Rebound therapy (see Rebound policy)
- Trampoline
- Light/dark rooms
- Soft play room
- Equipment as appropriate: grab bars, benches, slide sheets, turn tables.

Responsibility of the MOVE Co-ordinator

The role of the MOVE coordinator is to oversee all implementation, planning and development of the programme within school, including pupils in our satellite classes. The co-ordinator will also plan staff training and ensure that the whole school is aware of, and participating in MOVE activities, extending the programme where possible, and sharing progress with our wider community.

It is the responsibility of the MOVE co-ordinator:

- To ensure that the MOVE team meet regularly to update on pupil progress
- To work closely with physiotherapists, class staff and parents to identify MOVE candidates
- To coordinate initial MOVE assessment meetings, assist with target setting, and arrange follow up review meetings
- To work with Leadership Team, Governors, staff, parents/carers and pupils to raise awareness of MOVE throughout school community.
- To ensure staff receive a rolling programme of MOVE training and refresher training as appropriate to pupil need.
- To ensure assessments, monitoring and reports are up to date
- To liaise with MOVE Europe to ensure the smooth running of the programme
- To keep up to date with MOVE developments through attending annual conference, regional network events and training as appropriate
- To organise school MOVE events
- To oversee purchase, storage and distribution of equipment

Responsibility of the MOVE practitioners

It is the responsibility of the MOVE practitioners to:

- Set targets with the support of MOVE coordinators
- Ensure skills are practiced regularly during the week
- Maintain records of skills and monitor progress, and update video and photographic evidence of pupil progress
- Support the class team to enable the pupil to work on their MOVE targets throughout the week.
- Inform all key staff working with a pupil when pupils have maintained and generalised skills, so that the pupil is provided with a safe working environment and ensure that all appropriate opportunities to use their skills are utilised.
- Attend and contribute to the half termly MOVE team meetings.

Governor Involvement

Amanda Hurst (Chair of Governors) is currently the Link Governor for MOVE. The Co-ordinator meets termly with the Link Governor and discusses the ongoing progress of MOVE and its success within school, resource and training implications.

All Governors access MOVE overview training, and an annual update is given in Governors Meetings.



Professional Development

3 staff are certified through MOVE Europe to provide training to Trinity Fields Staff as a MOVE trainer. Jo Wood (ABUHB Physiotherapist) is also a MOVE trainer and works very closely supporting the school team.

Policy review

This policy will be reviewed as detailed in the school's policy review cycle. It may also be necessary to review and amend it sooner to reflect both local and national changes.

Signed		Executive Headteacher
Signed		Chair of Governors
Date of review: Autumn 2025		

As a Rights Respecting School we are committed to embedding the principles and values of the United Nation Conventions for the Rights of the Child (UNCRC).

This policy enables our pupils to access and enjoy the following articles of the convention:

Article 12: Every child has the right to be heard.

Article 28: Every child has the right to an education.

Article 29: Education must develop every child's personality, talents and abilities to the full.

Article 42: Every child has the right to know their rights.