



Caerphilly Autistic Spectrum Service



About Our Service

The **Caerphilly Autistic Spectrum Service (CASS)** is part of the Resource Centre at Trinity Fields School.

The team has been developed to support children and young people (CYP) with a diagnosis of Autism Spectrum Disorder (ASD).

The service provides support and advice for parents, families and school staff working with children and young people (**CYP**) up to the age of 18 years, who have received a diagnosis of Autism.

Support is directed towards:

- ❖ Parents and/or Carers
- ❖ Children and young people with a diagnosis of Autism
- ❖ Family members
- ❖ ALNCo's
- ❖ Teachers
- ❖ Learning Support staff and other professionals working with CYP

Referrals can be made by school staff or supporting professionals within health or social services.

Referrals

Referrals are made by completing a CASS referral form and sending directly to CASS on cass@sch.caerphilly.gov.uk

Should you require further information, please contact the team at Trinity Fields School on either cass@sch.caerphilly.gov.uk or **01443 866000**

Range of CASS Support

Young people age 2-18 and their families can be **referred** to CASS by a supporting professional for the following support services.

School Support

School support is available from CASS to empower schools to meet the needs of Autistic learners. This support may include modelling good practice, advice, preparing or loaning of resources and staff training.

**** CASS is not involved in the allocation of additional support hours or school placement ****

Home Support

Wherever possible, we recommend that families engage in one of the training programmes available in the first instance. Families can then be referred into the service for a short, targeted period of support after training if still required. Support can include advice, signposting strategies, sharing of resources of referral to other appropriate services.

Referral forms can be requested via the CASS inbox at cass@sch.caerphilly.gov.uk

**** CASS does not offer any type of respite care ****



Scan QR code to complete expression of interest in training form.



Training Programmes



Families of young people can be referred to CASS for the following training programmes.

NAS Early Bird - A 10 week in person training for parents/carers with a child who have received a diagnosis of ASD ages 0-4 years.

NAS Early Bird Plus - A 10 week training and support programme for parents/carers with a child who has received a diagnosis of ASD ages 4-9 years. If the child is in school, a member of school staff can also attend the training with parents.

NAS Teen Life - Teen Life is an NAS 6 session programme for parents/carers of young people age 10-17 years. The aim of the Teen Life programme is to bring parents together to share information, experiences, and ideas in a structured way.

Barnardo's Cygnnet Autism Support Programme - A 6-week Autism support programme for families/carers of children with an Autism diagnosis. The aim of this programme is to increase parents understanding of Autism and give them practical strategies they can use with their child.

Understanding Me - A group intervention for Autistic young people aimed at exploring what autism means to them. Usually suitable for children aged 11 & over and is run in the secondary school setting.

ALNCo's can refer groups of young people with a diagnosis to CASS for Understanding Me only. Contact CASS for further information or for a referral form.



Autism Wales



The CASS team recommends that all schools/service settings complete the Autism Aware Certification scheme. Resources and information of each age group can be found on the website. Schools and families can also access this website for information, resource, training videos and more.

www.autismwales.org

Training for Schools and Other Professionals

CASS currently offer training packages as part of whole school/setting training or for smaller groups of professionals.

Some of the training packages include:

- ❖ An Introduction to Autism
- ❖ General classroom strategies and approaches
- ❖ Autism and masking, an internal presentation
- ❖ Autism and Girls
- ❖ Understanding and supporting behaviours of concern
- ❖ Understanding and meeting Sensory Needs

In addition to the training listed above, we can also devise bespoke training to meet the needs of your individual setting or staff team.

Please contact CASS for further information.

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CASS Referral - Who do we work with?

Residency

To receive CASS support, the family of the young person must be a **resident of the Caerphilly County Borough**. CASS will provide school support for a young person educated in the CCBC school but living outside the authority.

Diagnosis

All CYP accessing the service must be recognised and known to the borough to have a medical diagnosis of an **Autism Spectrum Disorder (ASD)**.

Due to the extremely high demand for support and capacity within the team, CASS can only provide support to schools and families of a CYP with a confirmed diagnosis of Autism.

CASS Intervention

CYP can be referred to CASS for the following reasons:

- ❖ Advice within the education setting
- ❖ Understanding behaviours of concern
- ❖ Training courses
- ❖ Transition advice and support.
- ❖ Developing appropriate routines
- ❖ Implementing suitable resources and strategies
- ❖ Sign posting and general advice.



CASS Padlet: Services Available to Families

The CASS Padlet has information such as useful websites, local groups, services and activities available to families.

[Caerphilly Autistic Spectrum Service \(padlet.com\)](http://CaerphillyAutisticSpectrumService.padlet.com)

How We Will Use Your Information

The **Caerphilly Autism Spectrum Service (CASS)** will process referrals for support/advice either through training, home support, school support or communication support.

We will collate the information relevant to your request, your identity and contact details for the purposes of providing you with a response and correspondence. Involvement from CASS will involve collating/sharing information with other services areas within Caerphilly Country Borough Council and other organisations such as relevant schools/educational establishments, Health Boards, Careers Wales, Welsh Government, Special Educational Needs Tribunal Wales, SNAP Cymru and other Local Authorities. Your information will be kept for 31 years from your child's date of birth.

You have a number of rights in relation to your information including the right of access to information we hold about you and the right of complaint if you are unhappy with the way that we have handled your request or your information.

For further information on how we process your information, and your rights please click the following link:

<https://trinityfieldsschoolandresourcecentre.co.uk/media/d3zgrw4j/privacy-notice-cass-2022-final.pdf>