

Caerphilly Primary Menu Week 3					
	Mega Monday	Tasty Tuesday	Roast Wednesday	Traditional Thursday	Fun Friday Served in a Box
Main Meal	Welsh Pork Meatballs With Tomato & Basil Sauce Vegetable Nuggets (V)	Welsh Sausage Roll Ravioli in Welsh Cheese Sauce (V)	Chicken with Yorkshire Pudding, Seasoning & Gravy Vegetarian Cottage Pie (V)	Minced Beef Pie & Gravy Quorn Patty Muffin (V)	Fish Bites Cheese & Potato Pie (V)
Daily Special	Filled Jacket Potato	Lemon Sole Non-Fried	Welsh Vegan Sausage Roll (V)	Filled Jacket Potato	Filled Baguette
Carbohydrates	Mashed Potatoes Pasta	Mexican Bread Potato Croquettes With Various Sauces	Oven Baked Dry Roast Potatoes Boiled / Mashed Potatoes	Savoury Herb Diced Potatoes Non-Fried Seasoned Wedges Non-Fried	Boiled Potatoes Chipped Potatoes With Various Sauces
Vegetables	Salad Bar Cheesy Coleslaw Peas & Sweetcorn	Salad Bar Baked Beans Sweetcorn	Salad Bar Cauliflower Swede Peas	Salad Bar Peas Farmhouse Mixed Vegetables	Salad Bar Baked Beans Peas
Desserts	Sticky Orange Date Brownie & Orange Wedges	Various Fruit Crumble & Custard	Various Flavoured Mousse	American Pancake with Fruit & Ice Cream	Chocolate Cookie
<u>Additional Items</u>	Filled Jacket Potatoes Served with Vegetables / Salad Bar and Dessert				
One or more of the choices listed can be offered:	Pasta & Sauce Served with Vegetables / Salad Bar and Dessert				
	Sandwiches / Baguettes or Wraps Served with Carbohydrates, Vegetable or Salad Bar and Dessert				
<p>Fresh Milk & Drinking Water, Wholemeal Bread, Fruit Bar, Fruit & Welsh Ice Cream and Yoghurt available daily.</p> <p>The menu mix displayed is for guidance only. Caerphilly Catering Services reserve the right to change products subject to availability. Customers will be free to make their own daily accompaniments selection.</p> <p>Please Note: The above menu contains allergens.</p>					